

WINTER 21/22 GUIDE

# UBAYE

VALLÉE DE BARCELONNETTE

**Pra Loup**

**Le Sauze**

**Sainte-Anne**

**Haute-Ubaye**



## ♥ DEAR READERS

Whether you love the snow or the sun;  
Whether you prefer a big resort or a hilltop village;  
Whether you need to escape, disconnect or feel those downhill thrills again;  
Whether you want to fly down the slopes or indulge in our local produce;  
Whether you are a hiker or a night owl;  
Whether you've been here many times, or this is your first visit;  
Whether you are with family, with friends, or it's just the two of you:

**Welcome to Ubaye! We hope you feel at home.**

**It's a pleasure to see you.  
Have a great time!**

| THE UBAYE TOURISM TEAM.



EDITO



.04

## Welcome to Ubaye

Map of essentials [p.04](#)

10 unique experiences [p.06](#)

Personalised packages [p.09](#)



.12

## Our essentials

Pra Loup [p.12](#)

Le Sauze [p.14](#)

Haute-Ubaye [p.16](#)

Sainte-Anne [p.18](#)

Barcelonnette [p.19](#)



.20

## Just for you

Love the great outdoors? [p.20](#)

Want a challenge? [p.22](#)

Refuse to grow up? [p.24](#)

Looking for R&R? [p.27](#)

What about the kids? [p.28](#)



.30

## Our musts

Attractions [p.30](#)

Going out [p.32](#)



.34

## Places to be

Meet our local artisans and producers [p.34](#)

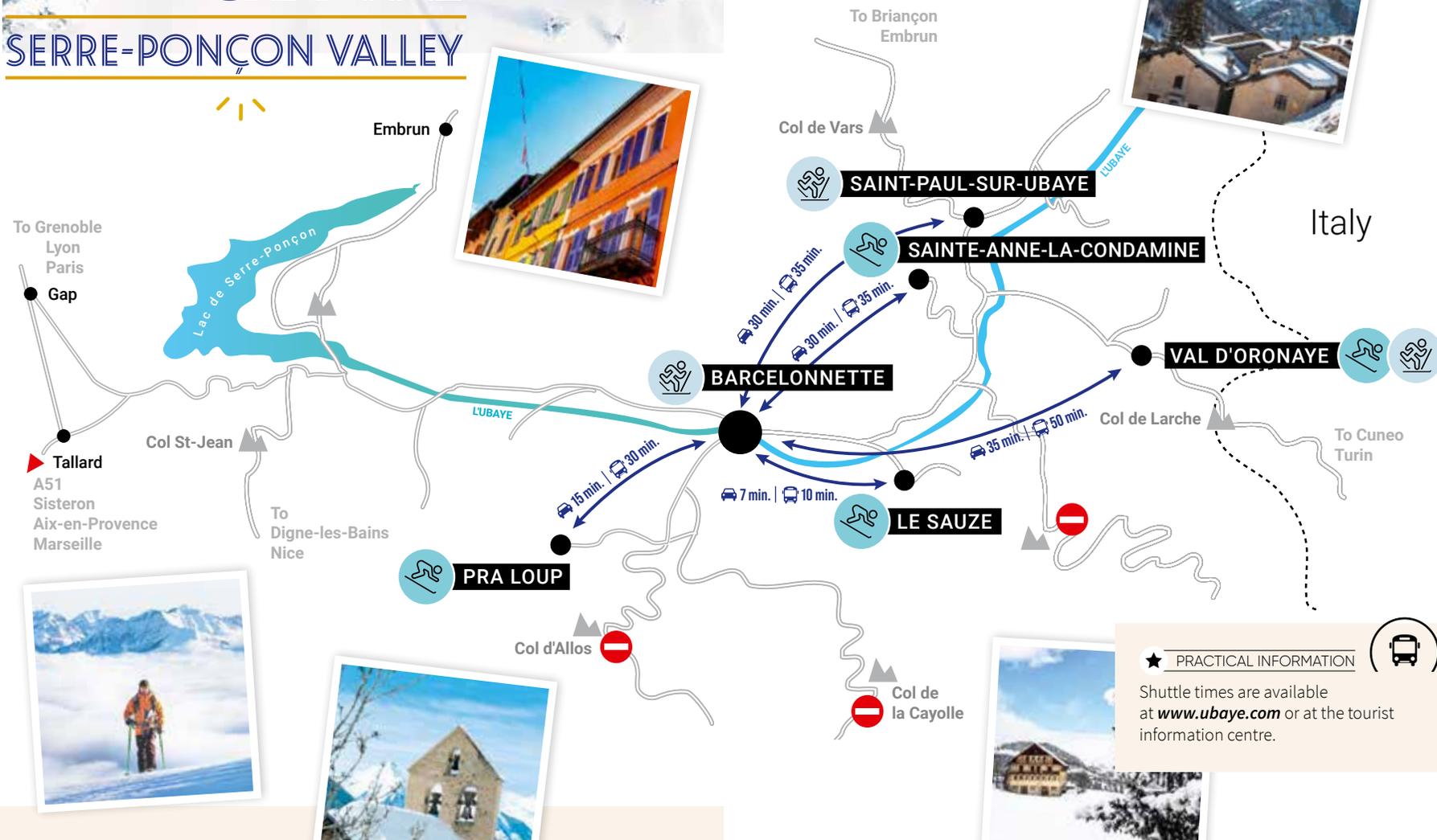
Instructors and guides [p.36](#)

Practical information [p.38](#)

Published by Ubaye Tourisme - Printed by Imprimerie de Haute-Provence KUDETA - Photos: B. Le Peru, RPLU, P. Allaire, M. Molle, Le Moss, Le Tandem, Le Peguieou, P. Raphoz, C. Gouron, B. Bodin, La Bergerie, Pralooops, Régie Ubaye, R. Morel, C. Manouk, Ubaye Tourisme, D. Vojvodanovic, Piscine du Sauze, Cinéma Barcelonnette Chez Carole, Fischer Sports, Shutterstock, All rights reserved - Non contractual document

# WELCOME to the UBAYE SERRE-PONÇON VALLEY

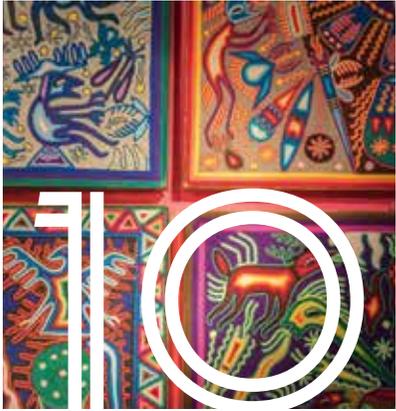
The Ubaye valley is a wondrous place where you have access to a major resort, Nordic areas, a traditional village, a small town with incredible history, a huge lake... all within just half an hour. During a one-week stay you can enjoy alpine skiing, Nordic activities and combine the great outdoors with cultural immersion!



★ PRACTICAL INFORMATION

Shuttle times are available at [www.ubaye.com](http://www.ubaye.com) or at the tourist information centre.





# UNIQUE **Ubaye** experiences



- 1 A la carte skiing experiences in one of our three ski resorts: Pra Loup, Le Sauze and Sainte-Anne. **More information p.12**
- 2 Chill out at the 2100, Le Sauze mountain-top bistro.
- 3 Stroll past the villas in Barcelonnette and relive the Belle Epoque. **More information p.19**



- 4 Enjoy an Ubayito at Tandem in the heart of Barcelonnette.
- 5 Perfect your skating techniques in the splendid Lauzanier valley. **More information p.16**
- 6 Treat yourself to sweet delicacies in one of the cake shops on rue Manuel in Barcelonnette.



- 7 Share an aioli at Edouard's Restaurant in Pra Loup on Fridays.
- 8 Stock up on Mexican souvenirs in La Baïta.
- 9 Venture out with a mountain guide on the pristine snow in the Crachet valley.
- 10 Organise a raclette party with local cheeses from the cooperative.





# A WEEKEND IN UBAYE ☺

## DAY 1

Check out **one of the three ski resorts** in the Ubaye valley: **Pra Loup's Espace Lumière** has 180 kilometres of slopes for exceptional skiing. **Le Sauze** has a fabulous area for beginners at 1,400 metres while the Alp pistes surrounded by sublime mountains are popular with more experienced skiers. **Sainte-Anne** is purely and simply natural with affordable prices and breathtaking landscapes.



And don't forget an **Ubaye fondue** or a **baked Mont d'Or** in one of our restaurants. It's a must!



## AN EXTRA TREAT +

Take the special snow-bus up to **Peguiou**, a mountain-top restaurant in Pra Loup, for a delicious evening at 2,300 metres.



## DAY 2

**Head to the upper part of Ubaye valley to discover dog sledding.**

Settle in comfortably and glide across the snow-covered hills, pulled by the dogs. A typical mountain experience and a great way to disconnect in this incredibly untouched part of Ubaye valley.

On your way back down to Barcelonnette, stop at **the Maison des Produits de Pays de Jausiers** to fill your basket with wholesome local products. Before you leave, treat yourself to a snack in the centre of Barcelonnette on **place Manuel**.



# A WEEK IN UBAYE

## A personalised holiday programme

### DAY 1

Ski! If you get an **early start in Pra Loup**, you can reach Espace Lumière with 180 kilometres of slopes. When the resort closes, take a break with a crepe, then set off on the **Praloops toboggan** for 1,000 metres of sliding fun!



### DAY 2

Head for the upper valley. Try **cross-country skiing** in Val d'Oronaye in the morning. ESF instructors will teach you the art of **skating**. You can even try shooting at the **biathlon** stadium. In the afternoon, head to Saint-Paul-sur-Ubaye to **discover dog sledding**. Settle in comfortably and glide across the snow-covered hills.

### DAY 3

Take the morning to explore the city of Barcelonnette and don't miss **the museum dedicated to the valley**. In the afternoon, **try soaring into the Ubaye sky with a paraglider**. With an expert monitor in the driver's seat, you can even try it with skies!



### DAY 4

Head for **Le Sauze** where ski patrollers are ready from 8am to guide your around the slopes before they open. They serve breakfast on the mountain-top terrace and tell all about their fascinating exciting job. Ski all day under the Le Sauze sun then head for some R&R at **Montana spa**.



### DAY 5

Mountain guides take you on a **snowshoe** adventure where you can get up close to the local wildlife. Learn to detect the traces left by animals, follow them and finally observe them, surrounded by the silence of the mountain. To wind up the day, **try star gazing**. It's an amazing experience to share. Discover the wonders of the starlit sky in the mountains.

### DAY 6

The most preserved Ubaye resort is at 1,800 metres. Join a guide and discover the **freerando area** for a new cross-country skiing experience in **Sainte-Anne**. On your way back down to Barcelonnette, stop at **the Maison des Produits de Pays** de Jausiers to fill your basket with wholesome local products.





# PRA LOUP

## Offers a warm welcome in the heart of a major resort

This is the ideal resort if you want **premium skiing** with a Mediterranean atmosphere. The name of the skiing area says it all: **Espace Lumière** where 180 kilometres of slopes bathe in the **magical light of the pure sky of the southern Alps**. Looking for a lively atmosphere? **Pra Loup 1600** is a lively area with accommodation and a busy shopping mall. Need to recharge your batteries? **Pra Loup 1500**, the most unspoilt natural area is for you.



### Ski schools and instructors

Skiing, snowboarding, freestyling, off-piste... whatever your favourite discipline or level, we have the just the right ski school or instructor for you. Choose between group lessons and private instruction.

→ See the list of Pra Loup ski schools p.36



### Shopping or a good meal out?

Browse around the resort mall with around 60 shops

## TOP 10 THINGS TO DO IN PRA LOUP

- 1 **Ski for a whole day** on Espace Lumière.
- 2 **Hurtle down the 1,000-metre Praloops toboggan.** → p.24
- 3 **Have a drink at altitude** of over 2,000 metres.
- 4 **Try a snowscooter** - Pra Loup is the capital! → p.23
- 5 **Capture your descent on the skilines.**
- 6 **Go snowshoeing** on the resorts marked trails.
- 7 **Marvel at the instructors' weekly torchlight descent** during the school holidays.
- 8 **Pamper yourself** at one of the resort's two spas. → p.27
- 9 **Venture out on a snowmobile** early in the morning or late afternoon. → p.22
- 10 **Dine out at altitude over 2,300 metres at Pegueiou.** → p.32





# LE SAUZE

## A family friendly resort

Succumb to **the charm** of one France's oldest ski resorts, popular with skiers since 1934! Choose Le Sauze, a **village resort** nestled between 1,400 and 1,700 metres, for **nature and tradition**. It's **perfect for learning to ski**. Everything is designed around families and building your children's confidence. With special kid's slopes, snow games, a baby snow park, boarder toboggans and playground, Le Sauze is ideal for children.



### Ski schools and instructors

Skiing, snowboarding, freestyling, off-piste... whatever your favourite discipline or level, we have the just the right ski school or instructor for you. Choose between group lessons and private instruction.

→ See the list of *Le Sauze ski schools* p.36



### All about snow grooming

Learn more about life behind the wings of the resort with this extraordinary experience. Climb on a snow groomer and learn all about this fascinating job. The driver's love talking about their job and telling stories.

👤 Aged 18 and over  
☎ +33 (0)4 92 81 01 57



♥ ONE OF OUR FAVOURITES

### Follow the ski patrollers to open the slopes

Imagine having the best slopes all to yourself. A dream? Your dream can become true. Head out with the ski patrollers for an incredible experience and learn about their job. Enjoy freshly groomed snow and have an exclusive chat over breakfast at altitude of 2,000 metres. **Bookings required 48 hours in advance at lift sales offices.**

☎ +33 (0)4 92 81 01 57

## TOP 10 THINGS TO DO IN LE SAUZE

- 1 Admire the view from the top of the **Fours ski lift**.
- 2 Try **paragliding** from the top of the Dôme de l'Alp. → p.22
- 3 Have a drink at 2,000 metres at **Cabane à Jo** hut or at **2100**.
- 4 Test a **moonbike**.
- 5 Follow a guide and learn **ski touring** on marked trails.
- 6 Film your best moves on the **airbag**.
- 7 Get back to nature with a **guided snowshoe outing**. → p.20
- 8 Treat yourself to R&R in one of the **resort's wellness centres**. → p.27
- 9 Dive into Le Sauze's **swimming pool**.
- 10 Fly down the slope on the **La Savonnette boarder toboggan**.





## UBAYE'S UPPER VALLEY

The upper valley is the **most unspoilt area**. It's the ideal place for **Nordic activities** including cross-country skiing, dog sledding, biathlon and much more. It's also where the **best snowshoe and cross-country ski trails** begin.

### Saint-Paul-sur-Ubaye, visit **high mountain altitudes**

#### Nordic activities

Check out the 18 kilometres of pistes along the river. Saint-Paul-sur-Ubaye is also ideal for dog sledding, snow trail running and walks. Enjoy!



#### ⚡ DON'T MISS IT ⚡

- Ski near Mercantour in the splendid **Lauzanier valley**.
- Hop on a **dog sled**.
- Try **biathlon** sports at the Larche shooting range.
- Go **snowshoeing** or **cross-country skiing** through the most beautiful hills and the peaks of the upper valley with a guide.
- Taste La Sauvage, the **local beer** made in Saint-Paul-sur-Ubaye.

### Val d'Oronaye, at the entrance of **Mercantour**

#### Nordic area

In the heart of wild nature, the northern part of Val d'Oronaye inspires exotic destinations with pure air, peaceful silence and breathtaking landscapes. It is one of the most beautiful Nordic sites in the Alps. It's the perfect spot for skating with 40 kilometres of trails winding through majestic forests and stretching along the water in the Mercantour National Park.

#### Downhill skiing in Larche

A small area ideal for children finding their feet in the snow. With two ski lifts and a snow rope, the conditions are ideal for beginners.



#### ♥ ONE OF OUR FAVOURITES

#### Biathlon

This site is also home to a biathlon stadium for learning and training in this Olympic discipline that requires both effort and precision.



# SAINTE-ANNE

## A natural resort

Sainte-Anne is a small, friendly resort. It is the ultimate village-resort with the oldest world charms of a mountain village amidst stunning natural surroundings. The skiing area alternates wooded hills with vast, pristine slopes and powder for unforgettable sensations.



### ⌋ DON'T MISS IT ⌋

- Admire the view from the top of the **Mastrêtes chairlift**.
- Have lunch in the sun at the top of the mountain on the terrace at **La Résinière**.
- Hike in **snowshoes** to **Sainte-Anne chapel**.
- Climb aboard a **snow groomer** and learn about the job when the slopes are closed.
- Explore the **freerando** terrain with a guide.

→ Ski schools and instructors p.36



# BARCELONNETTE

## A mountain town with a Mexican touch



### ⌋ DON'T MISS IT ⌋

- Admire the **facades** of the so-called «Mexican» villas
- Visit the **Musée de la Vallée** and discover the exciting history of the Ubaye valley
- Have a mulled wine on **place Manuel**
- Stock up on Mexican souvenirs in the **cooperative shop**
  - Treat yourself to some R&R at the **spa of Azteca\*\*\* hotel**

Barcelonnette is the ideal base camp for discovering all that the Ubaye valley has to offer. It's an amazing, **atypical mountain town** which owes its architecture to its incredible historical links with Mexico. It's a must for a **shopping break**, a fun evening or to take in some culture. Stroll along rue Manuel, try mulled wine on the terrace at Choucas, or hunt down that must-have in the town's designer boutiques!



### Snowshoe hikes

Start out from the ski resorts or in the high valley to discover Ubaye's unspoilt nature with stunning views.



#### OUR TIP

#### Don't go alone!

Follow a guide to discover stunning landscapes with panoramic views and learn all about mountain life.

→ *List of guides p.37*

### Skijoring and carriage rides

Sleighting, skijoring, horse and carriage rides. Discover an activity combining horse riding and gliding. For all ages.



#### ♥ ONE OF OUR FAVOURITES

### Dog sledding

Take time out for an adventure aboard a dog sled. Settle in comfortably and glide across the snow-covered hills, pulled by the dogs. The musher, who is your guide for this experience, will unveil all the secrets of dog-sledding.

#### Mushers

##### Au hurlement du crépuscule

📍 Val d'Oronaye  
☎ +33 (0)6 19 35 50 98

##### Banquise Traîneau

📍 St-Paul-sur-Ubaye  
☎ +33 (0)6 25 32 68 28

On-line bookings:

[www.banquisetraîneau.fr](http://www.banquisetraîneau.fr)

##### Légende polaire

📍 Val d'Oronaye  
☎ +33 (0)6 28 33 95 61

#### Activities agencies

##### Montagne d'Ubaye

☎ +33 (0)4 92 81 29 97

##### Rando Passion

☎ +33 (0)4 92 81 43 34

##### Aventure Altitude

☎ +33 (0)7 50 34 73 49 /  
+33 (0)6 15 92 65 19



### Ski touring

The Ubaye valley is the perfect destination for ski touring. It's the ideal combination of fun descents and challenging uphill climbs. Get back to nature and experience total freedom. There are several options: try it out on the marked trails from Pra Loup and Le Sauze or attack the stunning peaks of the high valley with a specialised guide.



WANT

A CHALLENGE?



### Paragliding over Ubaye

Try an introductory paragliding session for a unique experience. And for even more excitement, take off or land on skis! From Pra Loup, Le Sauze or Barcelonnette.

#### Pra Loup Parapente

📍 Pra Loup ☎ +33 (0)7 84 49 40 75

#### Parapente découverte

📍 Le Sauze ☎ +33 (0)6 63 21 27 82

#### Ubaye Parapente

📍 Le Sauze ☎ +33 (0)4 92 81 34 93

### A snowmobile escapade

Enjoy an unforgettable experience with a morning excursion in deserted Pra Loup. Or try it trapper-style with an evening snowmobile tour. It's an unforgettable experience.

#### Motoneiges Évasion

📍 Pra Loup ☎ +33 (0)6 62 11 70 01

On-line bookings: [www.motoneigesevasion.fr](http://www.motoneigesevasion.fr)



### Ice climbing

Ice climbing is a truly unique experience where the light, shapes, colours and textures change the higher you climb. Our mountain guides provide all the necessary gear and share their climbing techniques.

→ [List of guides p.37](#)



### Try new thrills aboard a snow scooter

If you're like snow sports, you'll love the snow scooter for a cross between mountain biking and snowboarding. Hire a snow scooter in one of our resorts and ask the professionals for driving tips.

### Telemark - the ancestor of skiing

Pra Loup's instructors teach you how to genuflect for an original skiing experience.



♥ ONE OF OUR FAVOURITES

### Fly over Ubaye

Fly over the magical landscapes of Ubaye Valley with a discovery flight on a plane. It's the perfect way to explore Ubaye Valley from the skies. For all ages.

Centre de vol à voile de l'Ubaye

📍 Saint-Pons ☎ +33 (0)4 92 81 08 78

### Snowbiking for motorbike enthusiasts

What's a snow bike? It's a dirt bike with a skate and tracks. For die-hard cross-country and dirt-bike enthusiasts, Motoneiges Évasion offers snowbiking excursions in Pra Loup.

#### Motoneiges Évasion

📍 Pra Loup ☎ +33 (0)6 62 11 70 01

On-line bookings:

[www.motoneigesevasion.fr](http://www.motoneigesevasion.fr)



# REFUSE TO GROW UP



## Snake Gliss

Fly down the slopes in single file for guaranteed thrills and hysterical laughter!

### Snake Gliss

📍 Pra Loup 📞 +33 (0)6 65 29 03 76



## ♥ ONE OF OUR FAVOURITES

## Tobogganing all year round with Praloops

Sit back and relax in the new two-seater sledge, securely attached to a double rail, and rediscover your inner child while plunging down the 1,000 m of the Pra Loops sledging slope. It's a thrilling ride!

### Praloops

📍 Pra Loup 1600  
📞 +33 (0)7 85 71 69 23



## Gyropods

Discover gyropod travel and learn to drive on the snow with a guide.

### Gyrotreck

📍 +33 (0)6 70 43 45 06



## Le Sauze pool

The Sauze 25-metre indoor pool is ideal for splashing around and enjoying a pleasant setting with a view of the mountain peaks.

### Piscine du Sauze

📍 Le Sauze 1400 📞 +33 (0)4 92 81 04 10



## Ubaye bowling

The bowling alley is a great venue for fun with family or friends.

### Bowling de l'Ubaye

📍 Barcelonnette 📞 +33 (0)4 92 81 24 34

## Extend your gliding time at the ice rink!

Experience magical moments both in the day and in the evening at the outdoor ice rink in the heart of Pra Loup 1600!

### Pra Loup Ice-Rink

📍 Pra Loup 1600 📞 +33 (0)4 92 84 04 96





★ ★ ★  
**Voyage sans frontières  
 entre France et Italie**  
**Viaggio senza confini  
 tra Italia e Francia**  
**Travel without borders  
 between France and Italy**

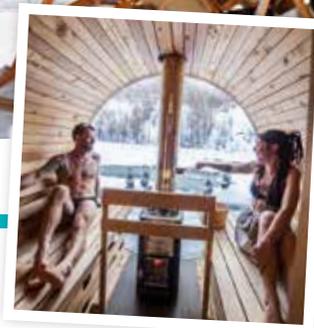
© Kudeta - Photo: Shutterstock.



Les Terres Monviso sont cofinancées à hauteur de 85% par le Fonds Européen de Développement Régional (FEDER) au moyen du Programme Interreg ALCOTRA 2014-2020. L'objectif d'Alcotra est de renforcer l'intégration économique et sociale de l'espace transfrontalier France-Italie grâce à une coopération touchant l'économie, l'environnement et les services aux citoyens. *Le Terres Monviso sono cofinanziate per l'85% dal Fondo Europeo di Sviluppo Regionale (FESR) tramite il Programma Interreg ALCOTRA 2014-2020. L'obiettivo di Alcotra è di migliorare lo sviluppo dei sistemi economici e sociali transfrontalieri Francia-Italia attraverso una cooperazione che coinvolge economia, ambiente e servizi ai cittadini.*

BARGE E BAGNOLO PIEMONTE | VALLE GRANA | GUILLESTROIS-QUEYRAS |  
 VALLE MAIRA | VALLI DEL MONVISO | SALUZESE | SERRE-PONÇON |  
 VALLE STURA | VALLÉE DE L'UBAYE SERRE-PONÇON | VALLE VARAITA

LOOKING  
 FOR R&R ?



### Stop and breathe... you are in Ubaye

A visit to Ubaye is also a chance to treat yourself to the ultimate relaxing break. Recharge your batteries after a great day in the snow in one of our wellness centres. Leave your daily routine behind and enjoy some R&R. Enjoy time out with our à la carte treatments by wellness professionals.

- Hôtel Marmotel\*\*\*\* – Spa Pure Altitude**  
 ☞ Pra Loup ☎ +33 (0)4 92 36 62 50
- Chalet Hôtel Les Blancs – Espace Bien-être**  
 ☞ Pra Loup ☎ +33 (0)4 92 84 04 21
- Hôtel Chalet Montana\*\*\*\* – Spa Pure Altitude**  
 ☞ Le Sauze ☎ +33 (0)4 92 81 05 97
- Espace détente de la piscine du Sauze**  
 ☞ Le Sauze ☎ +33 (0)4 92 81 04 10
- Hôtel Azteca\*\*\* – Spa Sothys**  
 ☞ Barcelonnette ☎ +33 (0)6 08 17 59 48



# FOR KIDS

(and their parents!)

JUST FOR YOU



## Les P'tites Souris snow garden

The snow garden of Le Sauze International Ski School has a snow rope where children aged three to five year can progress in a safe environment. A gentle space where children can discover the pleasures of skiing and learn to master the snowplough.

### ESI du Sauze

📍 Le Sauze ☎ +33 (0)4 92 81 58 43

## Monster Trucks

Discover the pleasure of driving by hiring electric radio-controlled cars.

| 📍 Pra Loup 1600 ☎ +33 (0)6 50 14 18 38

## The Piou-Piou Club

The Pra Loup and Le Sauze Piou-Piou Clubs are open to children aged three to six with specially designed facilities. It's a safe place for them to find their feet in the snow!

### ESF de Pra Loup

📍 Pra Loup ☎ +33 (0)4 92 84 11 05

### ESF du Sauze

📍 Le Sauze ☎ +33 (0)4 92 81 05 20



## Treasure Hunt

Go on a family adventure in the heart of the resort by following the Tourist Office's treasure hunt!



♥ ONE OF OUR FAVOURITES

## Mini trappers

Montagnes d'Ubaye offers family outings to learn about living in the wild: make fire in the snow, build an igloo, and identify animal prints and traces like a true trapper!

### Montagnes d'Ubaye

📍 Pra Loup et Le Sauze

☎ +33 (0)4 92 81 29 97

## Pra Loup accro-slide

Fly through the air on this bungee trampoline for all children up to 60 kg.

| 📍 Pra Loup 1600 ☎ +33 (0)6 41 89 03 76



## Kids Adventure Day

A day of adventures without parents including snowshoeing, thrilling descents, planetarium and meals in v.

### Aventure Altitude

☎ +33 (0)7 50 34 73 49

On-line bookings: [www.sud-alpes-aventures.fr](http://www.sud-alpes-aventures.fr)

## Fancy skiing or a night out without the kids?

The nurseries and day-care centres look after children aged from six months to six years. Remember to book! And if you want an intimate candlelit dinner, Le Sauze daycare keeps your children until 10pm on Thursday evenings during school holidays.

### Garderie les p'tits loups

📍 Pra Loup ☎ +33 (0)4 92 84 16 70

### Garderie les p'tits diables

📍 Le Sauze ☎ +33 (0)4 92 81 32 76



JUST FOR YOU



# ATTRACTIONS



♥ ONE OF OUR FAVOURITES

## A contemporary woodwork museum - La Maison du Bois

Visit the exhibition about the world's forests. Learn about the history of wood and its different uses. Complete your visit in the workshop run by a joiner-carpenter. They create wooden objects before your very eyes, and explains wood turning and carving techniques. *Local artisans display and sell their creations in the shop.*

### La Maison du bois

📍 Méolans-Revel, La Fresquièrre  
☎ +33 (0)4 92 37 25 40



## Le Musée de la Vallée

The history of Ubaye Valley is pertinent to modern times with stories about migration from neighbouring countries such as Switzerland and Piedmont, and further afield with the Americas. The museum, in Villa La Sapinière, recounts stories about migrants and their journeys. The ground floor focuses on the history of migration in the Ubaye Valley, particularly around the Ubaye-Piedmont border.

On the first floor, an exhibition traces the history of Ubaye locals that migrated to the Americas. It recounts the trials and travels of young entrepreneurs who sought fortune on the other side of the Atlantic.

### Le Musée de la Vallée

📍 Barcelonnette, 10 avenue de la Libération  
☎ +33 (0)4 92 81 27 15





# GOING OUT



## Places to eat in Ubaye

It's a well-known fact that mountain air makes you hungry! Take advantage of your holiday to (re)discover legendary mountain dishes and the valley's culinary specialities. Tantalise your taste buds on a terrace bathing in the Alpes du Sud sun or by a fireplace.

[www.ubaye.com](http://www.ubaye.com)



### ♥ ONE OF OUR FAVOURITES

## Peguiou, dinner at the summit

The pure Mercantour sky was awarded the International Dark Sky Reserve in 2019. Check out weekly events to discover the beauty of the stars and learn about astronomy.

### Le Peguiou

📍 Pra Loup ☎ +33 (0)6 37 05 23 06



### ♥ ONE OF OUR FAVOURITES

## Snacks and star gazing

The pure Mercantour sky was awarded the International Dark Sky Reserve in 2019. Check out weekly events to discover the beauty of the stars and learn about astronomy.

### Aventure Altitude

☎ +33 (0)7 50 34 73 49

### La Clef du Ciel

☎ +33 (0)6 95 74 90 15



## Cinema

Fancy a night at the movies or looking for something to do when the weather turns? Head for the cinema!

### Cin'Valley

📍 Barcelonnette ☎ +33 (0)4 92 64 16 94

### Cinéma Pra Loup

📍 Pra Loup 1600 ☎ +33 (0)4 92 62 59 51

### Cinéma du Sauze

📍 Le Sauze ☎ +33 (0)4 92 81 31 72



## Original evenings in the mountains

Our mountain guides offer different destinations every evening. Discover unusual sites and genuine, friendly people with night sledding, an Ubayan vigil, a meal in a yurt, igloos, dog sledding, and more.

### Rando Passion

☎ +33 (0)4 92 81 43 34

### Montagne d'Ubaye

☎ +33 (0)4 92 81 29 97

### Aventure Altitude

☎ +33 (0)6 15 92 65 19



Meet our

# LOCAL ARTISANS



♥ ONE OF OUR FAVORITES

## Maison des Produits de Pays

The store was created in 1992 by around 20 producers. These days there are over 60. Come and discover the crafts and agricultural products from Ubaye Valley! A range of quality products made with local expertise using local, organic, traceable and responsible raw materials.

📍 Jausiers, 325 route des Mexicains.

☎ +33 (0)4 92 84 63 88



## Barcelonnette market

Wander around the stands and sample local specialities.

🕒 Every Wednesday and Saturday morning.

📍 Barcelonnette, place Aimé Gassier.



## VISIT LOCAL ARTISANS AND PRODUCERS

### Liquoristerie La Vinciane

Specialised in traditional Alpes du Sud liqueurs. Robin and Maxime produce typical "génépi" and other liqueurs made with plants and fruits picked and grown locally. Their workshop and shop are located in the old family stable in the heart of Saint-Vincent-les-Fort.

📍 Ubaye Serre-Ponçon, Saint-Vincent-les-Forts  
☎ +33 (0)4 92 84 63 38

### Lacanenche distillery

Located in Méolans-Revel since 1995, the distillery produces organic liqueurs, aperitifs and brandy made mainly with locally gathered or grown raw materials. Since the two sons, Jérôme and Benoît, took over the family business, they have broadened the range with pastis, gin and mint liqueur.

🕒 Visits every day. Bookings required.

Open all year round.

📍 Méolans-Revel, La Fresquière

☎ Bookings: +33 (0)4 92 81 95 56

### AJK - the honey workshop

Beekeepers Jonas and Anne-Gaëlle Kluge produce a wide range of honey and spreads: rosemary, heather or lavender honey, and sea buckthorn, hazelnut and almond spreads as well as sweets or cakes made with local Ubaye products. Visit their new workshop in the heart of Barcelonnette and discover their products and the secrets of this fascinating trade.

🕒 Be there on Tuesday or Friday to watch them making honey sweets.

📍 Barcelonnette, 15 rue du commandant Car

☎ +33 (0)6 07 83 55 57

### Laine d'ici et d'à côté

Isabelle welcomes you in her textile art workshop to discover her creations made with merino wool.

🕒 By appointment only.

📍 Uvernet-Fours.

☎ +33 (0)4 92 81 25 24

### La Sauvage brewery

Located in Saint-Paul-sur-Ubaye, the brewery has been producing handmade beers in the purest brewing tradition since 2012. Their malt and hops are produced with organic farming methods.

🕒 Tours of the brewery by appointment.

📍 St-Paul-sur-Ubaye, L'adrech

☎ +33 (0)4 92 61 37 93

### Ubay'âne soap

Coralie presents her range of fresh donkey milk soaps. Her unique and natural products are made on the farm.

🕒 By appointment only.

📍 Jausiers

☎ +33 (0)6 75 69 05 90

### Faïences des Tournelles

Stéphanie Jean, trained in Moustiers Sainte-Marie, works earthenware and ceramic pottery. Visit her workshop and boutique. Watch her work in this beautiful setting and discover a wide range of stoneware and earthenware tableware with a variety of patterns and colours.

🕒 By appointment only.

📍 Faucon-de-Barcelonnette

☎ +33 (0)4 92 81 33 64



# SKI SCHOOLS, instructors and guides



## DOWNHILL AND CROSS-COUNTRY SKIING\*



### PRA LOUP

École du Ski Français de Pra Loup ☎ +33 (0)4 92 84 11 05	✓	✓	✓	✓	✓	
École de Ski Internationale de Pra Loup ☎ +33 (0)4 92 84 05 99	✓		✓	✓	✓	
École de Ski – Ski Indep ☎ +33 (0)6 43 38 57 71 / +33 (0)6 98 78 32 71	✓		✓			
Christophe Bracciani ☎ +33 (0)6 87 72 41 53	✓					
École de Ski & snowboard Oxygène ☎ +33 (0)7 67 85 88 50	✓		✓		✓	

### LE SAUZE

École du Ski Français du Sauze ☎ +33 (0)4 92 81 05 20	✓	✓	✓	✓	✓	
École de Ski Internationale du Sauze ☎ +33 (0)4 92 81 58 43	✓	✓	✓	✓	✓	
École de Ski & snowboard Oxygène ☎ +33 (0)7 67 85 88 50	✓		✓		✓	
Alain Argentano ☎ +33 (0)6 07 17 42 23	✓					✓

### SAINTE-ANNE

École du Ski Français ☎ +33 (0)6 33 43 86 19	✓	✓	✓	✓	✓	
École de Ski & snowboard Oxygène ☎ +33 (0)7 67 85 88 50	✓		✓		✓	

### VAL D'ORONAYE

Rando Passion ☎ +33 (0)4 92 81 43 34						✓
École de Ski & snowboard Oxygène ☎ +33 (0)7 67 85 88 50	✓	✓	✓			
École du Ski Français du Sauze ☎ +33 (0)4 92 81 05 20	✓	✓	✓			✓

\*PICTOGRAMS LEGEND: skiing, snow garden, snowboarding, telemark, freestyle, cross-country skiing.

## SNOWSHOEING/SKI TOURING/ICE CLIMBING



### HIGH MOUNTAIN GUIDES

Michel Coranotte ☎ +33 (0)6 08 94 00 89	✓	✓	✓
Odilon Ferran ☎ +33 (0)6 86 67 38 73		✓	✓
Maurice Gardoni - Ubay'Évasion ☎ +33 (0)6 86 49 25 62	✓	✓	✓
Christophe Garrigues ☎ +33 (0)6 20 42 41 92		✓	✓
Jacques Le Hir ☎ +33 (0)6 80 25 51 68		✓	✓
Yann Mimet ☎ +33 (0)6 83 33 65 54		✓	✓

### GUIDES

Jean Alrick ☎ +33 (0)6 50 87 01 80	✓		
Anaïs Barbeau – Label Montagne ☎ +33 (0)6 86 96 86 80	✓		
L'Esuien ☎ +33 (0)6 11 69 55 88	✓		
Montagne Attitude ☎ +33 (0)6 70 58 85 31	✓		
Rando Sans Souci ☎ +33 (0)6 71 47 30 23	✓		
Gil Streichert ☎ +33 (0)6 84 05 05 93	✓		

### ACTIVITIES AGENCIES

Aventure Altitude ☎ +33 (0)7 50 34 73 49 / +33 (0)6 15 92 65 19	✓	✓	✓
Rando Passion ☎ +33 (0)4 92 81 43 34	✓	✓	✓
Montagne d'Ubaye ☎ +33 (0)4 92 81 29 97	✓	✓	

### SKI SCHOOLS AND INDEPENDANT INSTRUCTORS

École du Ski Français du Sauze ☎ +33 (0)4 92 81 05 20	✓	✓	
École du Ski Français de Pra Loup ☎ +33 (0)4 92 84 11 05	✓	✓	
École du Ski Français de Sainte-Anne ☎ +33 (0)6 33 43 86 19	✓	✓	
École de Ski Internationale du Sauze ☎ +33 (0)4 92 81 58 43	✓	✓	
École de Ski Internationale de Pra Loup ☎ +33 (0)4 92 84 05 99	✓	✓	
École de Ski & snowboard Oxygène ☎ +33 (0)7 67 85 88 50	✓	✓	
École de Ski Ski Indep ☎ +33 (0)6 43 38 57 71 / +33 (0)6 98 78 32 71		✓	
Christophe Bracciani ☎ +33 (0)6 87 72 41 53		✓	

# PRACTICAL INFORMATIONS

## TRANSPORT

### Free shuttle service

Free shuttles operate between the villages and resorts of the Ubaye Valle  
→ Shuttle timetables on:  
[www.ubaye.com](http://www.ubaye.com)

### Taxi

Station de Taxi de Barcelonnette

☎ +33 (0)4 92 81 09 50

Alpes Provence Taxi

☎ +33 (0)6 32 86 82 13

Taxi Garcia

☎ +33 (0)6 82 25 48 38

Taxi Honoré

☎ +33 (0)7 78 82 83 29

Taxi Gilles

☎ +33 (0)6 88 68 06 41

Taxi Ponza

☎ +33 (0)6 07 81 08 16

Taxi Alain

☎ +33 (0)6 81 41 23 54

Trans Ubaye Benjamin

☎ +33 (0)6 83 02 74 54

## Road conditions

→ [www.inforoute04.fr](http://www.inforoute04.fr)

## SERVICES

### Conciergeries

Argile Conciergerie

☎ +33 (0)7 61 04 96 40

Conciergerie de l'Ubaye

☎ +33 (0)6 18 46 61 79

La Conciergerie du Loup

☎ +33 (0)6 95 34 36 34

Les Clés de la Vallée

☎ +33 (0)6 09 89 17 81

/ +33 (0)6 81 44 52 83

French Alp Keys

☎ +33 (0)6 64 56 29 25

Les petits services du 04

☎ +33 (0)7 81 93 43 75

### Laundrette

#### BARCELONNETTE

Laverie de l'Ubaye

☎ +33 (0)6 58 92 76 64

Laverie service +

☎ +33 (0)6 25 90 88 85

#### PRA LOUP

Laverie automatique, galerie commerciale

☎ +33 (0)6 25 81 35 91

Café des Molanès,

Pra Loup 1500

☎ +33 (0)6 95 34 36 34

## WHERE TO GET A COVID TEST?

#### BARCELONNETTE

Laboratoire Eurofins

☎ +33 (0)4 92 81 03 90

Pharmacie Bureau

☎ +33 (0)4 92 81 00 39

Pharmacie Escallier

☎ +33 (0)4 92 81 04 43

#### PRA LOUP

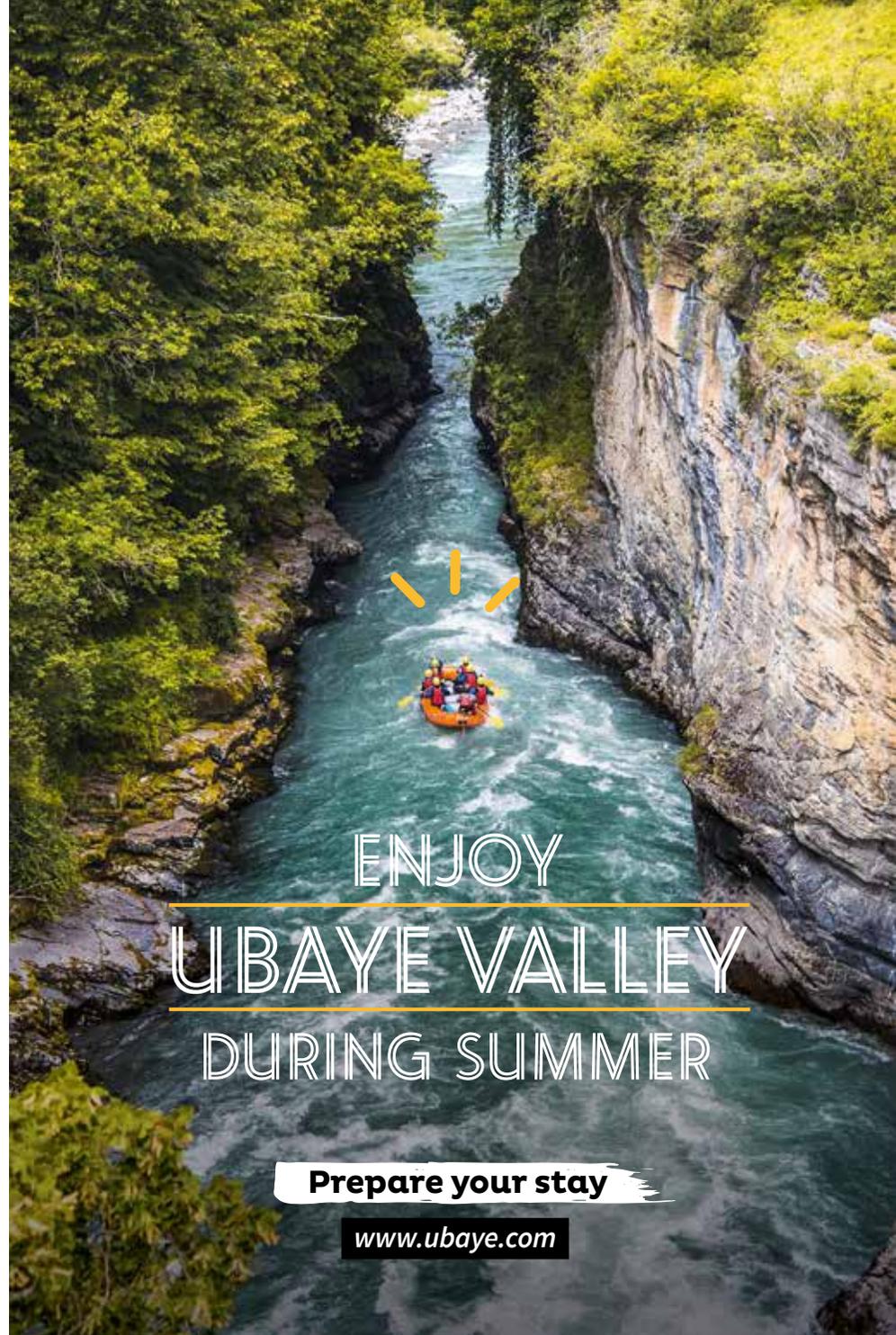
Pharmacie de Pra Loup

☎ +33 (0)4 92 84 14 26

#### LE SAUZE

Pharmacie du Sauze

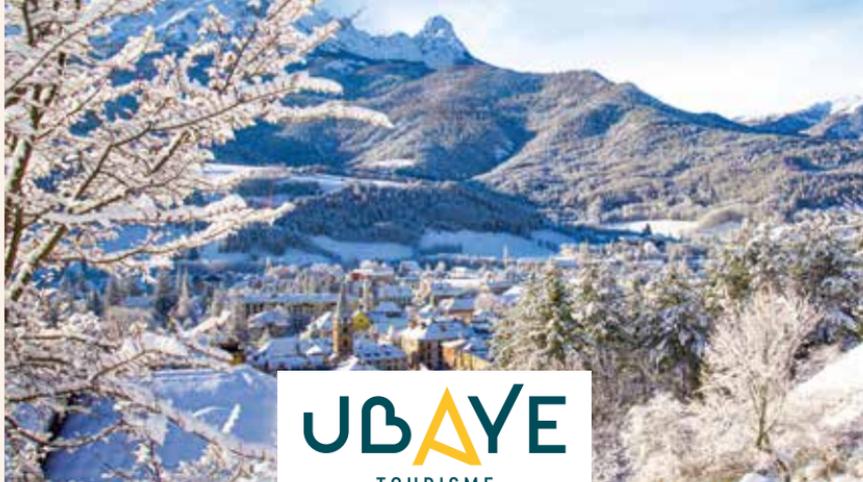
☎ +33 (0)4 92 81 18 79



ENJOY  
UBAYE VALLEY  
DURING SUMMER

Prepare your stay

[www.ubaye.com](http://www.ubaye.com)



# UBAYE

TOURISME

Office de Tourisme catégorie 1

## Agence de Barcelonnette

📍 Place Frédéric Mistral  
☎ +33 (0)4 92 81 04 71

## Agence de Pra Loup

📍 Maison de Pra Loup  
☎ +33 (0)4 92 84 10 04

## Agence du Sauze

📍 Chalet de la Montagne  
☎ +33 (0)4 92 81 05 61

## Agence de Jausiers

📍 12-14 Grand Rue  
☎ +33 (0)4 92 81 21 45



SHARE YOUR  
BEST MEMORIES  
#UBAYE



→ Facebook

Vallée de l'Ubaye  
Serre-Ponçon  
Praloup  
Le Sauze



→ Instagram

ubaye\_vallee\_france  
pra\_loup

alpes

FRENCH SOUTH



LE SAUZE

PraLoup



Fonds européen de développement régional  
Fondo europeo di sviluppo regionale



ENTRE FRANCE ET ITALIE  
TRA ITALIA E FRANCIA

Translation carried out as part of the  
european program «Alcotra Terres Monviso :  
Tourisme International.»